

Foundations of Clinical Psychology - Online

University of New Brunswick - Fredericton
Department of Psychology

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Course Description

Calendar Description: An introduction to the main theories, research approaches, and intervention perspectives of clinical psychology. Topics dealt with include professional issues in clinical psychology, concepts and history of abnormality, theories of psychopathology, assessment and diagnosis of psychological disorders, research perspectives in clinical psychology, and modes of psychotherapy. This course is intended to expose the student to the basic concepts, theories, and issues in psychopathology, assessment, and psychotherapy for more advanced courses in the clinical domain. ***Prerequisite: Introductory Psychology (6ch)***

Specific Course Objectives: The focus of this course is on the various professional activities of clinical psychologists, models of abnormal psychology, fundamentals of several prominent psychological disorders, and the general principles of psychological assessment and psychotherapy. This course may help students decide whether they are interested in clinical psychology as a future career goal and will prepare them for more specific and detailed clinical courses at the third and fourth year levels. This is NOT a course in abnormal psychology (i.e., the focus will not be on the various types of mental health disorders).

This course will not provide you with the information necessary to diagnose, assess, or treat psychopathology in yourself or others. If you have concerns about yourself or another person please contact UNB's Counselling Services (506-453-4820) or your Family Physician.

Required Textbooks

1. Lee, C.M. & Hunsley, J. (2018). *Introduction to Clinical Psychology: An Evidence Based Approach* (4th Ed.). Hoboken, NJ: Wiley. ISBN: 978-1-119-30151-6.

The textbook can be ordered from The University Bookstore. The Bookstore takes orders for textbooks by phone, fax, or e-mail and will ship books upon request when the merchandise is paid in full. Visit the Bookstore's website (<http://www.bkstr.com>) to learn more.

2. LeCroy, C.W. & Holschuh, J. (2012). *First person accounts of mental illness* (this book is available as a free e-book from the UNB library website and a link to the search engine is posted in the Assignment Folder of our course website).

Course Requirements

1. Quizzes (20% total):

There will be a quiz (12 questions) for each chapter. The quizzes will count towards your grade but their main purpose is to help you practice and accurately judge your level of knowledge before you complete exams. Because the intent of the quizzes is to help you study and acquire mastery of the material, you may complete the quizzes as many times as you wish in order to receive the best grade possible (note: the computer will randomly select questions thus you may or may not randomly receive the same question if you complete the quiz multiple times). Quizzes will be written online in D2L at your convenience (i.e., they do not need to be scheduled – just go to the “Assessments – Quizzes” Tab of our course when you are ready to write a quiz).

Note: Once you begin the quiz you will have only 14 minutes to write the quiz and thus you will feel some time pressure. The intent of the time limit is to prevent students from “looking up” the answer in the textbook (since that is not an effective way to practice/study). Please watch your time (a countdown clock will appear once you begin the quiz) – quizzes must be submitted within the 15-minute time allotment and once your time has run out you will not be able to answer any additional questions.

There will be 14 quizzes worth a total of 20% of your final grade (i.e., approx. 1.4% each).

2. Exams (32% each)

There will be 2 exams worth 30% each. Exams will be a combination of multiple choice and short answer questions. The exams are not cumulative. Each exam will be completed online during a scheduled examination period, under the supervision of an invigilator. Please refer to the course schedule to see which chapters are covered on each exam.

Once you begin the exam, you will have 2 hours to complete it. These are closed book exams. Please watch your time (a countdown clock will appear once you begin the exam) – exams must be submitted within the 2-hour time allotment and once your time has run out you will not be able to answer any additional questions or submit any partially completed answers. Save your answers frequently in case of technical difficulties. Students typically finish the exams within one hour – thus, 2 hours should give you more than enough time to think carefully about the questions before answering.

***Note:** You must schedule a time to sit for each of your examinations by using the Exam Request Form (link provided in the banner at the top of the course website in D2L). Your request should be completed by submitting the form at least two weeks in advance of your desired exam date (or even longer for exams written during the end of term rush).

3. Assignment (16%):

There is one assignment worth 16%. Details of this assignment are available in D2L – please be sure to carefully read the instructions in detail before beginning. Briefly, you will be reading first person accounts of living with a specific type of mental illness and exploring the experiences from the perspectives of clinical psychology and societal/personal conceptualizations of mental illness. The written assignment will be a maximum of 12 pages.

Grading Scheme Summary

Quizzes:	20%
Midterm Examination:	32%
Final Examination:	32%
Assignment:	16%

Note 1: Students are required to write both examinations in order to receive a final grade in the course. Students who do not write both exams before the expiry date will have a grade of F submitted to the Registrar. Students who write the exams but do not hand in an assignment or complete all of the quizzes before the end of their 6-month course deadline will have a grade submitted to the Registrar based on their two examinations (max grade: 64%) plus any quizzes they have completed by the deadline.

Note 2: **NO** extensions to complete the course will be granted unless a verified medical reason is provided.

Letter Grade Equivalents

A+	90-100	B+	75-79	C+	60-64
A	85-89	B	70-74	C	55-59
A-	80-84	B-	65-69	D	50-54

Academic Accommodations

Students requesting accommodation for any course requirement (due to a disability) must make arrangements with the Student Accessibility Centre and the professor before assignment or examination deadlines. Note: the Accessibility Centre does not automatically share information

with your professors – it is your responsibility to ensure your professor is made aware of any required accommodations.

Academic Honesty

Academic Honesty – UNB Policies

The University of New Brunswick places a high value on academic integrity and has a policy on plagiarism, cheating and other academic offences. The UNB Policies are as follows:

Plagiarism includes:

1. quoting verbatim or almost verbatim from a source (such as copyrighted material, notes, letters, business entries, computer materials, etc.) without acknowledgment;
2. adopting someone else's line of thought, argument, arrangement, or supporting evidence (such as, for example, statistics, bibliographies, etc.) without indicating such dependence;
3. submitting someone else's work, in whatever form (film, workbook, artwork, computer materials, etc.) without acknowledgment;
4. knowingly representing as one's own work any idea of another.

Examples of other academic offences include:

Cheating on exams, tests, assignments or reports; impersonating somebody at a test or exam; obtaining an exam, test, or other course materials through theft, collusion, purchase or other improper manner; submitting course work that is identical or substantially similar to work that has been submitted for another course; and more as set out in the academic regulations found in the Undergraduate Calendar.

Penalties for Plagiarism and other Academic Offences

First Offence: If the student does not appeal, or if, on appeal, the Committee upholds the instructor's decision:

1. A notation will be placed on the student's transcript of academic record concerning the academic offence. The length of time the notation appears on the student's transcript of academic record is to be decided when the penalty is imposed and will depend on the severity of the offence.
2. The student may be required to submit a satisfactory and genuine piece of work to replace the one involving plagiarism. If the work is not resubmitted or is unsatisfactory, the student will receive a grade of F (zero) in the course. **NOTE:** If this penalty is assessed, the period of time allowed for the submission of the work will be determined by the Registrar in consultation with the faculty member making the charge, and, where appropriate, the Committee.
3. The student will receive a grade of F (zero) on the piece of work and, depending on the severity of the offence, may receive a grade of F for the course.
4. Other penalties as outlined in penalties for Other Academic Offences may be imposed.

Subsequent Offence: In cases where the Committee considers that the student has committed an

academic offence again:

1. The student will receive a grade of F in the course and a notation of the academic offence will appear on the student's transcript of record. The length of time the notation appears on the student's transcript of academic record is to be decided when the penalty is imposed.
2. Other penalties as outlined in penalties for Other Academic Offence may be imposed.

For further information students should refer to the regulations found in the UNB ***Undergraduate Calendar***. Students should also ***visit <http://nocheating.unb.ca>. It is the student's responsibility to know the regulations.***

Academic Honesty – Course Policy

As good scholars and UNB citizens you are required to uphold academic honesty in all aspects of this course. You are expected to be familiar with the letter and spirit of ***UNB policies on academic honesty*** (see the UNB Undergraduate Calendar and links in D2L Brightspace). Cheating, forgery, plagiarism and collusion in a dishonest act undermine UNB's educational mission and the students' personal and intellectual growth². As faculty, I too am obligated to uphold Academic Integrity, and will report all suspected cases of academic dishonesty.¹ Any academic dishonesty will result in a grade of F for the course requirement (e.g., exam or assignment) with no possibility to rewrite and an incident report (as "deliberate plagiarism") will be filed with the Registrar. If the student has a prior recorded offence for cheating, that student will earn an F for the course.³

All students are required to agree to the following Statement of Academic Integrity by completing the Academic Honesty "quiz" in the Quizzes section of the course website.

Statement of Academic Integrity: I understand UNB's policy regarding cheating and plagiarism having reviewed the undergraduate calendar and the course links in D2L; I will abide by the principles of academic honesty by completing all learning activities (quizzes, assignment, and exams) myself and without assistance. When completing the assignment, I will not obtain answers in whole or in part from another source, will use quotation marks or blocks indentations for all words quoted verbatim, will included citations for all borrowed ideas, whether quoted, paraphrased, summarized, or referred to in passing.² I understand that ignorance of the rules of academic integrity is not an acceptable excuse for cheating or plagiarism.

1. Adapted from Georgetown University Honor Pledge (http://www.academicintegrity.org/sylbs_gtwnu.asp)
2. Adapted from Baruch College's policy on Academic Honesty (http://www.academicintegrity.org/sylbs_baruch.asp)
3. Adapted from Michael Hennessey, Bucks County Community College (http://www.academicintegrity.org/sylbs_bucks.asp)

Course Schedule

Chapter/Topic	Required Tasks
Academic Honesty	<ul style="list-style-type: none"> • Review Syllabus/D2L links • Complete Academic Honesty “Quiz” in D2L
Chapter 1: Evolution of Clinical Psychology	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 2: Contemporary Clinical Psychology	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 3: Classification and Diagnosis	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 5: Assessment Overview	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 6: Assessment: Interviewing and Observation	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 7: Assessment: Intellectual and Cognitive Measures	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 8: Assessment: Self-Report and Projective Measures	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 9: Assessment: Integration and Clinical Decision Making	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Write Midterm Exam (Chapters 1-3; 5-9)	

* Similar to taking this course with me in the classroom you should expect to need approximately 6 hours/Chapter to cover the material effectively including reading/studying the Chapter, listening to the mini-lecture, and doing the quizzes. Depending on your time line (regular term or 6 months) you will need to complete 1-2 chapters/week.

Course Schedule Continued

Chapter/Topic	Required Tasks
Chapter 10: Prevention	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 11: Intervention: Overview	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 12: Intervention: Adults and Couples	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz • Start Assignment*
Chapter 13: Intervention: Children and Adolescents	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 14: Intervention: Identifying Key Elements of Change	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Chapter 15: Health, Neuro, and Forensic Clinical Psychology	<ul style="list-style-type: none"> • Read Chapter/Listen to Lecture • Complete Quiz
Write Final Exam (Chapters 10 – 15)	

* Now would be a good time to start the assignment. The assignment can be submitted at any time before the end of your 6-month course deadline (including after you write the final exam).